



Effects of Parenting Styles

Brianna Guadarrama, Bianka Vargas, Kristine Alpurado

Introduction

Parents have a huge impact on the way a child develops. Some studies have identified child-rearing behaviors as variables that contribute to self-concept development in children and adolescents (Mboya, 1995). The way a child acts is usually because of what they see or have been told by their parents. After all, they are their first role model. In this study, they tried to see if having a child act in certain ways changes how they view and act throughout their life. The simple answer was yes. From healthwise to making certain life choices, the way one will act is however their parents either taught them or showed them to be. They believe that is their normal and are just fine with it.

Hypotheses

Our hypothesis at the beginning of this study was that there was a relationship between parenting styles and adjustment problems/ psychological problems in children. We believed that if an individual for example is shy it is because they grew up in an authoritarian household. Along with that, we believed that the individuals' personalities would shadow their parents' personalities and therefore they would end up being the same kind of parents with their children.

Method

Participants

Participants included females and males between the ages of eighteens and twenty-six. About 48% of the participants reported growing up with one parent in the house but still maintained a relationship with both. 36% of the participants reported living with both parents in the same household. 12% of the participants reported living with only one parent that is either mom or dad. While 3% reported living with a guardian. 80% of the participants reported being Hispanic or Latino, 8% reported being White, 8%v reported being Asian, and 4% reported being Black or African American.

Measures

in the survey we came up with questions where we would be able to identify an individual's score being either Authoritarian parenting style, Authoritative parenting style, or a Permissive parenting style. The scale that was used was from one to five. Those who responded with a four or greater were the ones to fall under either of those categories. We correlated the last four variants in our questionnaire so that the relationship between the individual and the parent would be compared.

Procedure

Data was collected through a survey all participants filled out online. They were informed that their responses would be used for scholarly purposes only and that their identity would remain confidential and anonymous.

Results

Table 1

Ethnicities

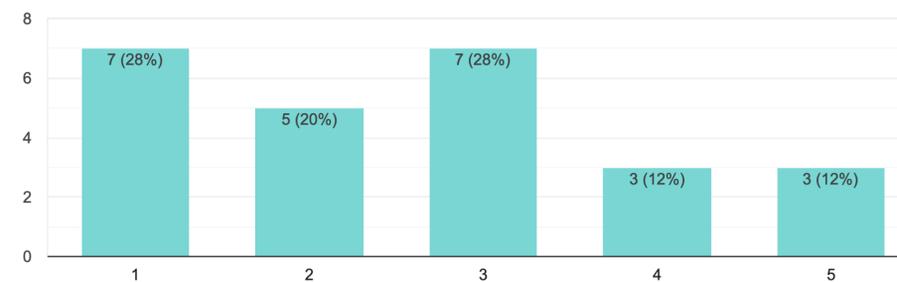
		VAR00004			
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Asian	2	7.7	7.7	7.7
	Black or African American	1	3.8	3.8	11.5
	Hispanic or Latino	20	76.9	76.9	88.5
	What is your ethnic/racial background?	1	3.8	3.8	92.3
	White	2	7.7	7.7	100.0
	Total	26	100.0	100.0	

Note. We found that the individuals ethnicity really played a big role when answering questions about the parenting style their parents had as they were growing up.

In the data collected we found that we had a few missing variables such as which questions went along with which kind of parenting style. Since we ourselves came up with the questions that we asked in our survey we had to match the questions asked to a specific parenting style.

Figure

I will raise my kids the same exact way I was raised.
25 responses



Note More than half of the individuals reported that there was not a high chance that they would raise their kids under the same parenting style they were raised..

Discussion

We found that individuals would rather be a different type of parent than their own parent. Most of the individuals grew up with authoritative parents and reported that their personalities became affected by that. Individuals reported that they would have preferred having parents less authoritative and rather a bit more authoritarian parents. They felt that growing up with strict parents really limited the things that they could do. Many find this negative because when you do not have strict parents you can really go out in the real world and experiment things on your own. Family dynamics and parental practices have effects on internalizing, externalizing, and general maladjustment problems. Parental roles and practices show indirect effects on general maladjustment through externalizing problems (Moreno., 2010).

Limitations

Our study results indicated that there was no relationship between parenting styles and the outcome of the individuals parenting style being the same or even similar to those parenting styles they grew up under. In contrast to our work According to Darling and Steinberg (1993), parenting styles have shown how children's attitudes, communication, and research findings have been communicated before children are proficient like walking, eating independently, and dressing and are usually dependent on parents. When babies are first born they don't know much, the parents will mold them into what they want him to be. Eventually it happens so much it becomes routine and normal, even if some people see it as wrong.

Implications

The research aims to understand and identify the relationship between different parenting styles and the outcomes in personality. The attempt to study the influence of parenting practices on child outcomes is complex because there exists an overwhelmingly wide range of parenting behaviors and an equally wide range of child behavioral outcomes. The causal relation between parenting practices and child behavior outcomes is similarly opaque depending on the timing and measurement of the behaviors in question. For example, in a study of adolescents' perception of their parents' psychological control, or the extent to which parents try to control their children's emotions and beliefs, and adolescents' self-reported internalizing and aggressive behaviors, researchers found child behavior as a stronger predictor of changes in parental psychological control than parental behavior as a predictor of changes in adolescent behavior (Albrecht et al., 2007). Because this relation is multidirectional, studying the influence of parenting practices over child behavioral outcomes becomes even more complex.

References

Available upon Request